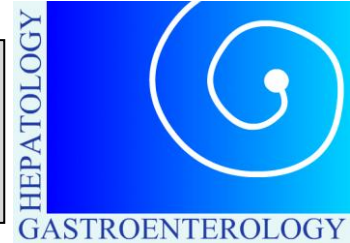


ORBERA Balloon Removal Pre-Operative Instructions



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Your Orbera balloon removal is organised for

Please present to

At

Information about the removal process

- **Two Days** (48 hours) before Removal you need to go on a free fluid diet, so that solid food is not retained in your stomach. This makes the removal process safer.
- The anaesthetist may elect for a general anaesthetic rather than deep sedation.
- As usual you must fast for 6 hours before the procedure.
- You must not drive for 24 hours after the anaesthetic.
- **Following the Orbera balloon removal you may feel very hungry and you will need to be on your guard so that you do not undo all the good work to date. Continue the healthy lifestyle you have developed over the last 6 months!**